



LIVERPOOL FC WOMEN – FIRST TIME FAN GUIDE

Welcome to the Liverpool FC Women's First-Time Fan Guide! We're thrilled to have you join us at St Helens Stadium for an exciting matchday experience. This guide provides essential information to ensure your visit is enjoyable and seamless.

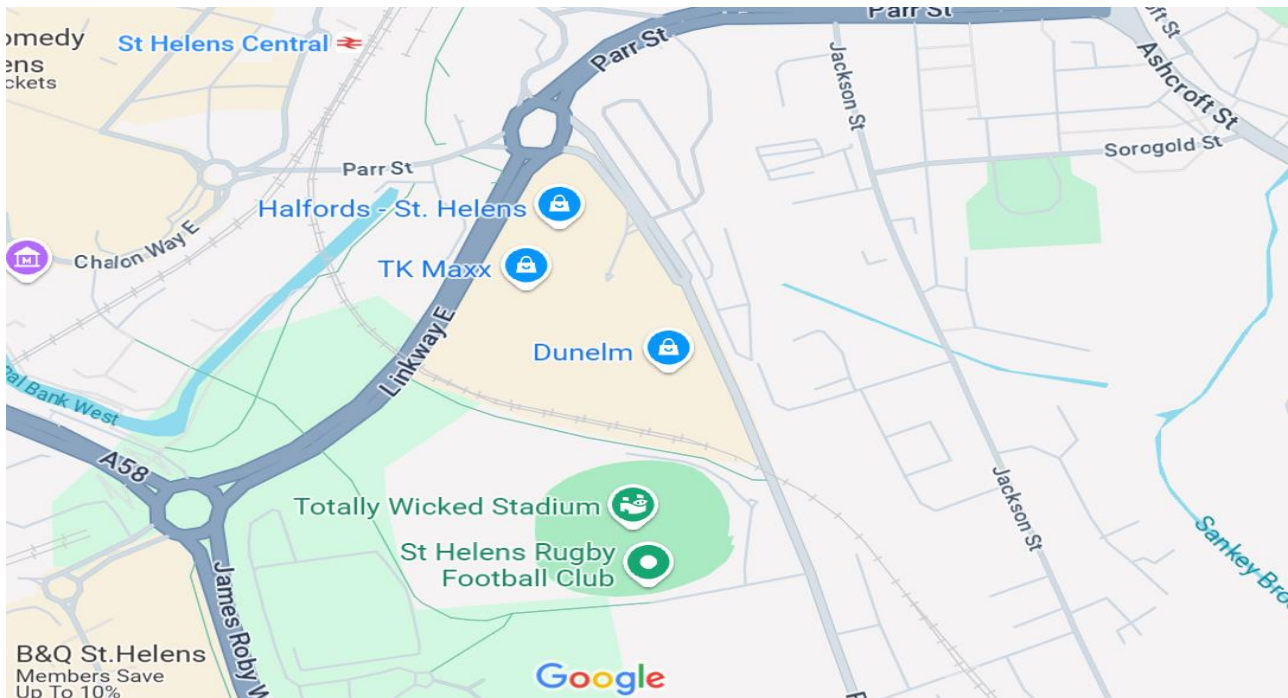


St Helens Stadium Overview

St Helens Stadium is the home ground for Liverpool FC Women. Located in St Helens, Merseyside, the stadium boasts a capacity of 18,000 and offers modern facilities to enhance your matchday experience.

Getting to St Helens Stadium – Please note St Helens Stadium is also referred to as the Totally Wicked Stadium.

Whether you live locally or are travelling from outside the Liverpool City Region, we recommend that you plan your route in advance.



By Train

The nearest train station is St Helens Central, which is less than a 15-minute walk (**around 1500 steps**) from the Stadium, with frequent services running to and from Liverpool Lime Street, Wigan Northwestern & Preston.

For more detailed rail information please call 08450 000 125 or visit the National Rail website [here](#).

By Bus

Visitors can travel to Peasley Cross Lane using the routes below (The stop is directly outside the stadium). For journey times please call 0151 330 1000 or you can find full timetables by visiting www.arrivabus.co.uk or www.merseytravel.gov.uk

- 17 (Widnes – St Helens)
- 28 (St Helens Circular)
- 30 (Chain Lane– St Helens – Sutton Manor)
- 32 (Clinkham Wood – St Helens – Sutton Manor)
- 32A (Clinkham Wood – St Helens – Clock Face)
- 35 (Gillars Green – St Helens – St Helens Junction)

Parking at St Helens

A limited amount of free parking is available at St Helens stadium on a first come first served basis. Further parking options are available locally, for more details please follow the links below.

Local short stay parking: <https://www.sthelens.gov.uk/article/4971/Cotham-Street-Car-Park>

Tesco Extra St Helen, Linkway East is a 2 minute walk to the stadium, if you wish to park here on match days (subject to availability) you will need to book at space via the following link <https://www.yourparkingspace.co.uk/>

Please be aware parking charges / rules apply for external car parks. Any illegally parked cars may incur a fine.

Accessible car parking spaces are available for fans who are registered as a disabled supporter with the club, to book please email: disability@liverpoolfc.com

Expedia Coaches

Expedia provide two supporter coaches for all WSL home and away games, Coach tickets will be available online and sale dates will be advertised here.

Home Fixtures –

Coach 1

- Pick up location: Birkenhead Central Station, Argyle Street South Bus Stop, CH419DB
- Departs: 2.5 hrs before kick off



Coach 2

- Pick up location: Lime Street Station, Skelhorne Street Bus Stop, L3 5GA
- Departs: 2.5 hrs before kick off



Match day experience / Stadium facilities

Fan Zone

Our Fan Zone opens in the Red V Café Bar 3 hours before kick-off and is the ideal spot for home and away supporters to meet before the game.

It has been designed with supporters in mind and is a place for families and friends to congregate to soak up that pre-match atmosphere, enjoy a whole host of live entertainment, meet Mighty Red, and enjoy food and drink. Each match day there will be a variety of activities to suite all ages from football shoot outs to bracelet making. Activities will change from match to match, so, be sure to keep an eye out for pre-match emails to find out what's on! Turnstiles open 1.5 hours before kick-off and additional activities will be taking place on the North Stand concourse.



Player Meet & Greet

Supporters can win a place in our autograph area after the full-time whistle, players from the team will come over to take photos / sign autographs – details of how to enter will be included in pre-match email as well as @LFCWHelp on X.

Match day schedule –

3 hours before kick off – The Red V Café Bar / Ticket office open.

1.5 hours before kick off – Turnstiles, retail kiosk and catering kiosks in the concourse open.

45 minutes before kick off – Players warm up

5 minutes before Kick Off – “You’ll Never Walk Alone”

Toilets

Toilets including accessible facilities are available in the V Red Café Bar and all areas of the South and North Stand concourses. Additionally accessible toilets are available on the accessible platform on the North Stand.

LFC Retail Kiosk

The retail kiosk is located on the concourse inside the North Stand selling a range of LFCW merchandise, including programmes.

Food & Drink

Kiosks inside the stadium will sell a range of food and drinks, the Red V Café Bar will also be open 3 hours before kick-off serving pizza, hot dogs and a selection of alcoholic and soft drinks. Kiosks inside the stadium will open 1.5 hours before kick-off.

Please note St Helens Stadium operates as a **cashless** venue, cash payments will not be accepted.

Kiosk Menu

HOT FOOD

COTTOMS STEAK PIE (C/W/G/S/M)	£4.80
COTTOMS HOTPOT (C/W/G/S)	£3.70
COTTOMS CHICKEN BALTI PIE (W/M/G)	£4.80
COTTOMS SAUSAGE ROLL (C/W/G/SU/M)	£4.20
CHEEZ & ONION PIE (C/MS)	£4.20
ROLLOVER HOTDOG (W/SE/G/M/E)	£4.20
ROLLOVER BURGER (W/G/E/S)	£4.80
ROLLOVER CHEESEBURGER (M/W/G/E/S)	£5.30

SNACKS

PRINGLES	£1.70
SWEET BAGS	£3.20
CHOCOLATE BARS	£1.40

HOT DRINKS

TEA	£3.00
COFFEE	£3.00
HOT CHOCOLATE	£3.00
BOVRIL	£3.00

ALLERGY KEY

C = CELERY | G = GLUTEN | MS = MUSTARD | SU = SULPHITES
E = EGGS | M = MILK | S = SOYA | SE = SESAME | W = WHEAT

COLD DRINKS

MADRI	£5.60	PINT		
CARLING	£4.80	PINT		
RED V SMOOTH	£4.80	PINT		
RED WINE	£5.80	187ML	£22.30	750ML
WHITE WINE	£5.80	187ML	£22.30	750ML
ROSE WINE	£5.80	187ML	£22.30	750ML
STOWFORD PRESS ORIGINAL	£5.00	500ML		
STOWFORD PRESS BERRY	£5.00	500ML		
LUCKY SAINT 0%	£4.20	330ML		
SPIRIT & MIXER CAN	£6.90	250ML		
7UP	£2.80	500ML		
PEPSI MAX	£2.80	500ML		
TANGO	£2.80	500ML		
WATER	£2.20	500ML		
FRUIT SHOOT	£2.10	250ML		
J20	£3.20	275ML		
IPRO	£2.80	500ML		

CARD PAYMENTS ONLY

UNDER 25?

IF YOU ARE LUCKY ENOUGH TO LOOK UNDER 25 YOU WILL BE ASKED TO PROVE THAT YOU ARE AGED 18 OR OVER WHEN YOU BUY ALCOHOL.

IF YOU ARE UNDER 18 YOU ARE COMMITTING AN OFFENCE IF YOU ATTEMPT TO BUY ALCOHOL.

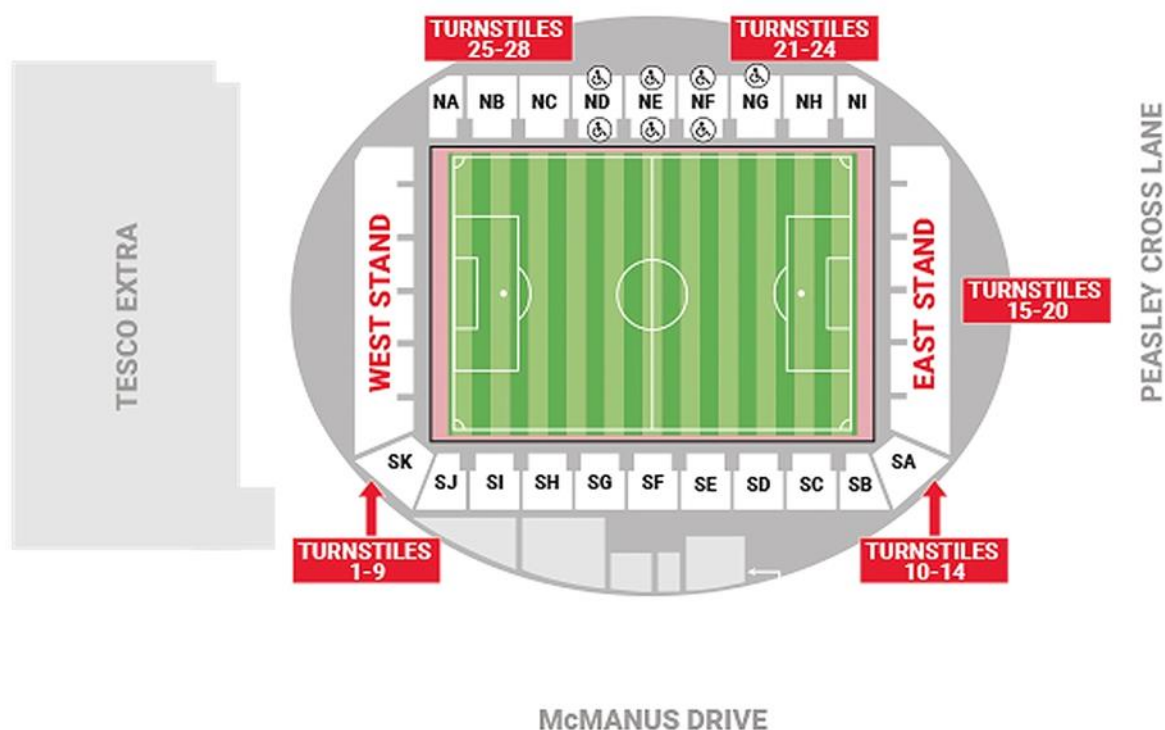
Stadium Access

Tickets

Tickets can be purchased by visiting our website ticketing page [here](#).

Tickets are also available to purchase on the day of the match from our ticket office which is located on the south side of the St Helens stadium next to the main reception.

Supporters will be required to download a digital ticket to their smartphone. Download links will be emailed to the supporter who has booked the ticket(s) (the lead supporter) ahead of the game.



Entering the stadium

Home fans are seated in the North Stand of St Helens Stadium, supporters can access via turnstiles 25-28 or 21-24 – accessible entrances are also located next to these turnstiles.

Supporters are encouraged to arrive early as bag searches will be carried out, bags larger than A5 size ((148.5 x 210 mm / 5.8 x 8.3 inches) will not be permitted entry into the stadium and no bag drop is available.

Please be advised that anyone under the age of 16 years old attending St Helens stadium must be accompanied by an adult over the age of 18.

Disabled Supporters

We recognise that disabled supporters may need assistance to fully enjoy the experience at St Helens Stadium and offer a variety of reasonable adjustments based on individual needs.

You can visit our full accessibility information [here](#).

Prohibited Items

The below items are prohibited from St Helens Stadium – for full ground regulations please visit our website [here](#).



Visiting Supporters

We're delighted to welcome all visiting supporters to St Helens Stadium! Away fans will be seated in either the North or South Stand, with your designated stand confirmed by your club at the point of ticket purchase.

All facilities mentioned above are available to visiting fans, and you're invited to enjoy our fan zone.

If you have any accessibility requirements, please contact disability@liverpoolfc.com.

Contacting us

You can find us on X - @LFCWHelp or by visiting our [contact us page](#).

We look forward to welcoming you to a LFCW's match soon, YNWA!